

BLDSA 1 Hour Postal swim 2006

This years 1 hour postal swim has been a massive success with 51 individual and 15 team entries.

1,667 swimmers from all over the country took part this year, and the Dover Life Guard Club took their fair share of the medals in both the individual and team age groups.

All swimmers from Dover swam exceptionally well and the medal winners are as follows:

Male 20-24 Years:

James Cotton 4640 Meters **Silver Medal**

Female 10-11 Years:

Dominica Szucsova 4160 Meters **Gold Medal**

Female 14-15 Years:

Laura Austin 4320 Meters **Bronze Medal**

Female 20-24 Years:

Kaira Redman 4215 Meters **Gold Medal**

Female Team 10-11 Years:

Dominica Szucsona
Emma Dray 10970 Meters **Silver Medal**
Megan Basford

Female Team 12-13 Years:

Ione Walker
Abigale Cox 11545 Meters **Silver Medal**
Tessa Dunford

Female Team 14-15 Years:

Laura Austin
Melanie Richardson 12545 Meters **Gold Medal**
Hayley Ince

FULL RESULTS CAN BE FOUND AT: WWW.BLDSA.ORG.UK

All swimmers will receive a BLDSA 1 Hour Postal Swim 2006 badge.

Well done to all swimmers who took part.

Lee Wakeham
Long Distance and Open Water Secretary.