



DOVER LIFE GUARD CLUB SWIMMING RECORDS

1. Short and Long Course record times shall be recognised by DLGC for all single Age Groups for 25m, 50m 100m and 200m in all strokes, 400m, 800m and 1500m Freestyle and 100m, 200m and 400m Individual Medley for Boys and Girls. Short course records may be made in 25m pools and long course records in 50m pools.
2. All claimants must be members of Dover Life Guard Club for at least 2 weeks prior to the swim they are claiming a record for.
3. All claims shall be 'as age on day'.
4. A record may be claimed for the first leg of relay only.
5. All records shall be made in still water. Any movement of the water due to the normal operation of the filtration system shall be disregarded.
6. All times shall be recorded in recognised competition or in an organised time trial under the supervision of an appropriately qualified person capable of judging stroke and a qualified timekeeper.
7. It is the swimmer's/parent's/guardian's responsibility to claim the record by completing the DLGC Record Claim Form and forwarding it the DLGC Club Records Secretary within 28 days of the swim.
8. The DLGC Swimming Records Secretary will confirm receipt of the Claim Form to the swimmer.
9. The DLGC Swimming Records Secretary will check the details and enter the record in Club Record Book, Club Database/Website and update the Notice Board appropriately.