

Dover Life Guard Club - Minnows Gala

Thursday 13th, March 2008 at Dover Leisure Centre

Start at 1845hrs no warm up Children to report at 1830hrs

No	Event
1	11yrs and under girls 50m freestyle
2	11yrs and under boys 50m freestyle
3	9yr girls 25m back stroke
4	9yr boys 25m back stroke
5	8yrs and under girls 25m breast stroke
6	8yrs and under boys 25m breast stroke
7	10 yr girls 25m freestyle
8	10 yr boys 25m freestyle
9	8yrs and under girls 25m freestyle
10	10yrs and under boys 25m butterfly
11	10yrs and under girls 25m butterfly
12	8yrs and under boys 25m freestyle

No	Event
13	10yr girls 25m back stroke
14	10yr boys 25m backstroke
15	9yr girls 25m breastroke
16	9yr boys 25m breastroke
17	8yrs and under girls 25m backstroke
18	8yrs and under boys 25m backstroke
19	10yr girls 25m breastroke
20	10yr boys 25m breastroke
21	9yr girls 25m freestyle
22	9yr boys 25m freestyle
23	11yrs and under girls 100m IM
24	11yrs and under boys 100m IM

- 1 There will be no finals. All events will be decided by times swum.
- 2 Medals will be awarded to the fastest three swimmers in each event.
- 3 There are no entry fees.
- 4 Age for entry as at 31st December 2008
11yr old events are for swimmers born in 1997
10yr old events are for swimmers born in 1998
9 yr old events are for swimmers born in 1999
8yrs and under events are for swimmers born 2000 or after.
- 5 **Events 23 and 24 are open to all squad swimmers born 1997 or after. Non squad swimmers may enter but their teacher must sign the entry to confirm they are capable of swimming the distance and strokes legally.**
- 6 Entries must be received by Thursday March 8th. Late entries will be accepted at the discretion of the promoter.
- 7 Swimmers to report to the marshal's table at 1830. This will be situated in reception.
 Events 1 - 22 will be swum in accordance with the ASA laws except that all swimmers who finish their race will be awarded a time and finishing position providing they have attempted to perform the event in accordance with the recognised stroke technique. Club records may only be claimed by swimmers who have completed their race strictly in accordance with the ASA laws and technical rules applicable to that stroke. Events 23 and 24 will be subject to the ASA technical laws, so swimmers must be capable of swimming all four strokes correctly entry to be countersigned by your teacher.
- 8 **Swimmers must be members of Dover Life Guard Club.**
- 9 **All swimmers must be able to swim a minimum of 25 metres in order to enter this event.**

Return Entry form to:-

Scott Walker
33 Crabble Lane, River
CT17 OLS
Tel 0771 422 5282

Swimmers should bring a tee shirt and an extra towel to take on poolside to keep warm.
They should also bring a still drink in a plastic bottle.

or leave at the table on a Thursday evening.

Entry Form for Minnows Gala Thursday March 15th, 2007

Swimmer's Name _____

Date of Birth _____

Event No.	Event

Tel: _____

e-mail address _____

Date _____

Signed (parent/guardian) _____