

Dover Lifeguards at the Kent Secondary Schools Gala

The secondary schools gala held at the Black Lion pool in Gillingham it was the turn of the boys from the town's grammar school and St.Edmunds to shine.

There was a gritty freestyle swim from Stirling Mason who finished 10th overall with a time of 1.02.50. Sam Woodard swimming in the junior age group put in a new personal best time of 1.09.51 to finish 9th in the 100m freestyle. Callum Basford and Sam Gibbs- both swimming for the boys' grammar school did well with Callum recording a time of 1.37.31 in the 100m breaststroke and Sam posting a time of 1.27.63 in the 100m fly. Daniel Seagrove Castle then set the water alight with a stunning new PB in the 100m fly to reach the final and finish 4th overall with a time of 1.11.87.

The evening session had the intermediate girls of St.Edmunds and Dover Grammar in the individual events.

Megan Forbes equalled her personal best in the 100m freestyle with a time of 1.20.12 and Steph Jordan recorded a new PB of 1.10.40. The next event saw Charlotte Hyde put in a determined performance to reach the final and record a new pb in the 100m breaststroke with a time of 1.21.24. She swam well in the final to finish 4th overall.

Nicola Brown who is recovering from a long term knee injury, fought against the pains in her legs to record a respectable time of 1.15.03.

The boys from the town's grammar school had two relays and they all performed to their best with solid swims to finish 7th overall in the freestyle relay with personal best equalling times from Callum Basford, Oliver Latham and Sam Woodard. They also swam well in the medley relay and recorded a good time of 2.33.15 to finish with a top ten placing.